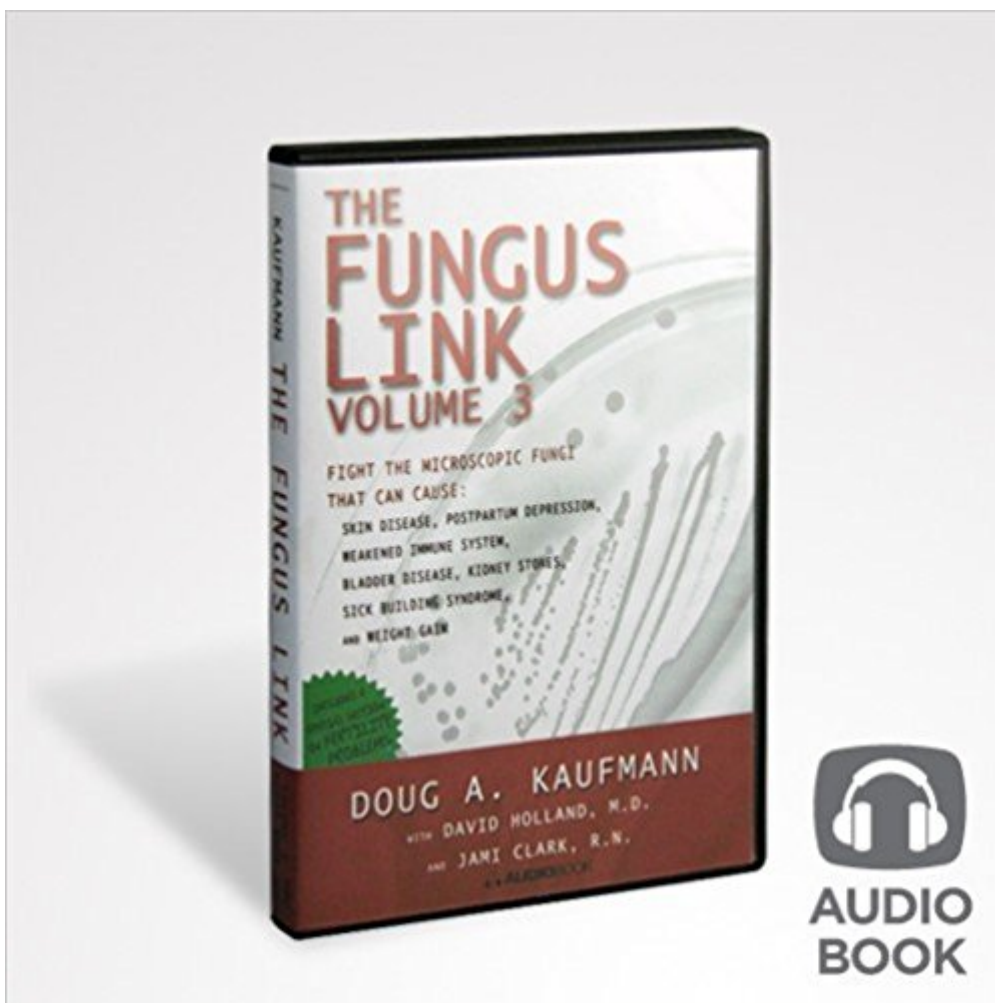


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The Fungus Link Volume 3 Audiobook



Synopsis

Audio book

Book Information

DVD-ROM

ASIN: B00J1ADO0I

Package Dimensions: 6 x 5 x 0.5 inches

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Customer Reviews

Audio book

My naturopathic doctor got me turned onto this diet years ago before I ever bought the book. I just bought the book to have on hand in case I ever need to reference it or pass it on to my kids. I got on this diet when I was 23 years old. Before I got on this diet I was pudgy, my eyes were always red, and I had terrible acne that covered my whole face. My life was consumed with using proactive, even coming home on lunch break from work to wash my face, and extensive makeup application even though I really grew to hate makeup. I had tried a couple other diets and every pill, antibiotic, face scrub, and cream I could ever find (except Accutane) and nothing had helped me. Now, at 28 years old, I am completely acne-free and I attribute a large part of that to a lifestyle that revolves around this diet. Thanks to Doug Kauffman, he has made my life so much better.

The best yet!!!! Love all your books though!! Doug Kaufman has taught me so much!! I am his advocate as well as Dr. David Holland and Jami Clark RN!! Thanks to all three of you!! Keeping healthy with all the organic supplements and the Phase Diet.

this is the best book to curing any problems a person may have and what to do with our diet foods to avoid

Doug Kaufman gives a review of the fungus map and why many of the incurable diseases are

related to the fungus in our bodies. He claims that every time you take an antibiotic, you give the local fungus a way to grow faster. Dying is giving the fungus a way to take over our body completely. Just a different way to explain the yeast and candida symptoms.

Doug Kaufmann had another hit here. The information is eye opening and I am so thankful to get this into my hands. I have started following the phase one diet, and now that our 3 months are up we will continue on it as both of us are feeling so much better.

Love this book. Being a nurse I appreciate knowing about fungus link to disease.

Great book!

Great information.

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